



FIT FOR LIBERTY

NOVEMBER 23RD 2024

206 N Fayetteville St. Liberty NC 27298

JOIN US NEXT YEAR NOVEMBER 21ST 2025!

SCHEDULE OF EVENTS

- 8:00 AM DEKA Strong Competition
- 10:00 AM Vendor Village & Kids Zone Opens
- 11:00 AM Turkey Trot Begins
- 12:00 PM Liberty Acres Petting Zoo (Kids Zone)
- 12:30 PM ONEBLOOD Mobile Blood Drive

FREE CLASSES

- 10:30 AM Qigong
- 11:30 AM Line Dance
- 12:30 PM Jazz Dance Class
- 1:30 PM Belly Dance Class
- 2:30 PM Zumba

PERFORMANCES

- 10:00 AM SSE Cloggers
- 11:00 AM Belles & Beaus
- 12:00 PM Sapphire Studio
- 1:00 PM Flamenco of GSO
- 2:00 PM SE School of Dance

*"Built by the community
for the community"*

EDUCATIONAL CLASSES

- 11:00 AM NC State Class: Local Food Sources
- 12:00 PM Randolph Health: Diabetes 101
- 2:00 PM Ezer Wellness Repairing Immune System



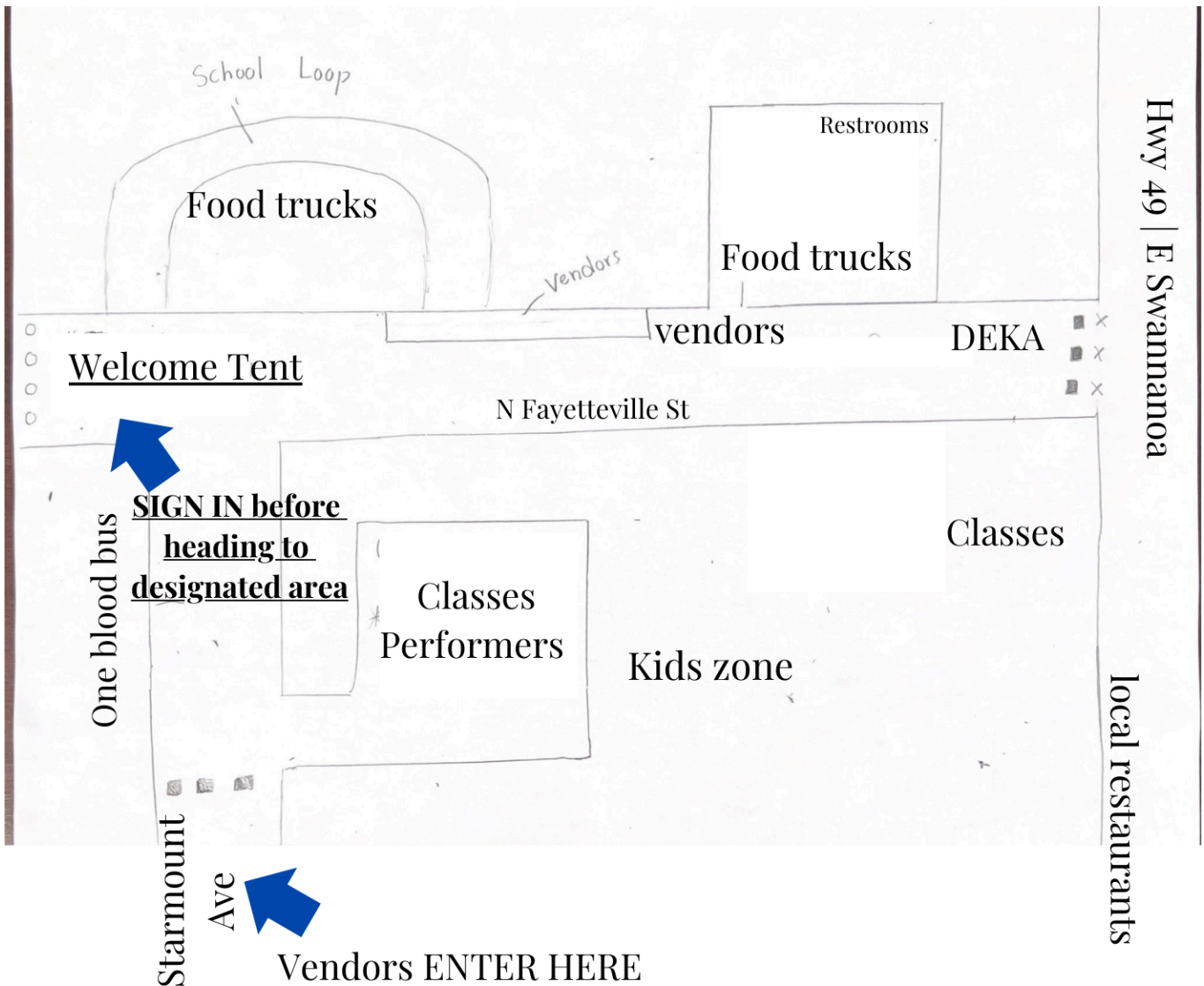
Coffee - Wine - More
Liberty, NC

LOCAL RESTAURANTS

Liberty Grounds
Hurricane Janes
Ya'll Come Back
Kidds
Royal Tacos and Mexican Grill
Spark Nutrition

FOOD TRUCKS

Fiya Pit
Shupe's Lemonade Express
Custom Corn
Shaved ParadICE
Home of the Phillies!



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